

We are the
Children & Young
Peoples (CYP)
Out of Hours
Advice Line

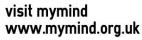
Our aim is to provide access to a mental health service for children & young people, their families and concerned professionals outside of the usual business hours





All the clinicians
you speak to
will be trained
in different
backgrounds and
will have experience
and knowledge of
a range of mental
health
difficulties

We offer telephone advice and support to young people, parents/carers and adults who work with children who have a concerns about the mental health of a young person. We can offer advice and support over the phone, as well as sending out resources and signposting to services. We can also process referrals to Child & Adolescent Mental Health Services (CAMHs) if appropriate.





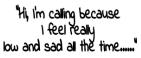


5pm - 10pm Mon to Fri 12pm - 8pm Weekends 01244 397644



...and worried how to start a conversation with us? ...try these...

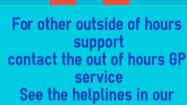


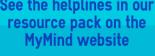




"Hello, I think I need some help with my mental health and I'm not sure what to do or who to speak to......"











This leaflet is available in other languages or formats

D-00HALC-18-782



Are you struggling with...



Advice Line Children & Young People

Wirral & Cheshire Wide

visit mymind www.mymind.org.uk



If you are concerned about the immediate safety of your child please take them to your local A&E department



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